

## **Professional Clinical Reflexology PCR- The Langstone-Wring Method Training**

Whilst all reasonable steps have been taken to provide a Covid-Secure environment personal responsibility for securing the safety of yourself and others will include the donning and doffing of PPE in line with NHS guidelines. **ALL PPE will be provided.**

( This will be reflective of real life best practice of working with cancer patients and other extremely vulnerable patients )

PPE = Blue paper medical grade disposable masks, Eye protection visors, Plastic aprons, Hand sanitizers.

Can each course attendee inform tutor prior to course date if they or a member of their family have been :

1. Diagnosed with Covid -19.
2. Contacted by NHS track/trace system.
3. Experienced high fever, persistent cough, loss of sense of taste or smell.

### **Training Day.**

1. Only bring necessary bags to hotel. ( packed lunch/water )
2. All attendees will enter the hotel via main lobby wearing face coverings and will use hand sanitizer, have their temperature taken and recorded be given masks to don and be directed to conference room.
3. Seating for presentation will be set 2 metres apart please do not move chairs. Keep your bags at your chair. Course folders will be placed on chairs.
4. Mid morning break Tea/Coffee will be provided. ( masks doffed and new masks donned )
5. Prior to practical section of training the appropriate use of PPE will be explained and demonstrated.
6. Practical working in pairs will be carried out with 2 metres distance between reclining chairs. Please do not move chairs.
7. In pairs therapist "giving" treatment will Don fresh and Doff used PPE.
8. At the end of the day all disposable PPE will be disposed of according to current Covid-19 guidelines.
9. Eye protecting visors may be taken home.

Further up-dates will be posted on my website "Training" page.

Keep safe and well  
Abbigail.